

CHAPTER V

CONCLUSION AND SUGGESTION

A. Conclusion

Based on the result of the questionnaire data described in chapter IV, it can be seen that the tenth grade TKJ students of SMKN 1 Rasau Jaya have a four level of anxiety. Students who experience the “Very Anxious” level are 3 (10%) students, 15 (51%) students are at “Anxious” level, students who experience the “Mildly Anxious” level are 9 (31%) students and 2 (8%) students are at “Relaxed” level. The majority of students felt the “Anxious” level and the minority of students felt the “Relaxed” level.

Based on the result of interview data, the researcher found 3 factors that cause speaking anxiety in students: communication apprehension, test anxiety and fear of negative evaluation. First is the communication apprehension factor, in this factor students who have highest level anxiety feel shy, anxious, lack of confidence and their lack of vocabulary, while students who have the lowest anxiety level feel more confident and more relax when speaking English. Second is the test anxiety factor, which is anxiety that occurs when students will take an English test, in this factor all students who experience high, medium and low levels of anxiety will feel anxious when faced with a test situation, but students with low anxiety levels can be more relaxed when their turn comes. The last is fear negative evaluation, in this factor students who have highest level of anxiety feel anxious about getting negative evaluation from their friends, while students with lowest level of anxiety will be more relaxed with the responses they will get from friends and teachers.

B. Suggestion

Based on the conclusions described above, the researcher writes down some suggestions as follow:

1. For Teacher

Teachers must know the various things that cause anxiety in students speaking skills, so teachers can find the right way to overcome and avoid all that can cause anxiety in students. Then teacher can also help students to reduce the anxiety that students experience by helping students to build confidence and also giving students the opportunity to show up their speaking skills. Teachers can also make the classroom atmosphere fun so that students are not tense and relaxed when speaking.

2. For Students

Students must know their anxiety level and try to find ways to cope with it and not to just ignore it. Students can try to keep practicing and try not to be too anxious. Students should realize that making mistakes when speaking English is normal and common in the learning process.

3. For the Further Researcher

The researcher hopes that other researchers can conduct better research that discusses the level of anxiety and factors that cause speaking anxiety in student.