# CHAPTER I INTRODUCTION

## A. Research Background

Public speaking skills are one of the skills that are needed and must be owned by everyone, especially students. Most people are not born public speakers, they are trained to be one. When they find themselves in a situation where they are the focus of attention because they have to speak to an audience, in this case such as a presentation, expressing opinions in a group, debate and so on. They experience emotions such as fear and anxiety, which lead to nausea and excessive sweating. Most of them try to avoid situations where they have to appear or public speaking, but when it is unavoidable, such situations are experienced by distress. According to Lucas (2011:9) many people who converse easily in all kinds of everyday situations become frightened at the idea of standing up before a group to make speech. Such people need to realize that they are not the only ones who may be going through these emotions; in fact, almost every speaker feels the same. It is important that people consciously realize the fact that there are more nervous speakers in the world than those who are not.

However, for some people, public speaking can be a bad experience. Davidson (2003) states public speaking traditionally makes the top 10 lists of things people would prefer to avoid. People will consider to avoid public speaking as much as possible. One of the main reasons for people to avoid public speaking is anxiety. According to Kant (2000), people in general negatively assess and appraise those who demonstrate their fears towards public speaking and fail to make a strong impression through confident gestures. These problems can act as hurdles in achieving ones goals that could be both personal and professional; hence speakers need to develop strong public speaking skills to enable them to become more confident. Based on the Academic Guide of English Language Education Study Program 2012, public speaking is an obligatory

course for students of English Language Education Study Program. Students must take and pass this course in second semester in order to graduate from the university. Many of the students including the researcher feel worried about public speaking. Most of the students feel anxious and it can make the students forget the main ideas of their speech that they will deliver to their friends. Even some of the students forget what they have to talk about because of the anxiety.

There are many possibilities for students who cannot make a presentation due to anxiety. In public speaking, often a person experiences anxiety about failed to convey the message, so Anxiety that arises can affect the process ongoing communication. In the learning process, in this case the presentation of the paper, students do not just need to understand what will conveyed, but it is also necessary to master the audience well so that they are interested in listening. In other words, the listener will try to understand the speaker's ideas as the first person through the communication between them (Astuti, 2020).

The anxiety of the English public speaking in foreign languages affects learners in the world. Foreign or second language anxiety was defined in various ways. Anxiety is often labeled as being characteristic in the state of areaofeducational research (Woodrow, 2006). Indrianty(2016) states that the students have some factors that causeanxiety in their English public speaking skills. Some factors based on this theory are as follows communication apprehension, fear of negative evaluation, lack of vocabulary, lack of confidence, and fear of making mistakes.

Anxiety in communicating publicspeaking, indeed often occurs and is experienced by everyone in the communication process. Anxiety is the tension, insecurity and worry that arises because it is felt that something unpleasant is happening but whose source is largely unknown and comes from within. Anxiety can also hinder communication, namely difficulties in understanding and using language and difficulties in speaking, articulation (voices to speak)" (Jeffry: 2007, 176).

This study aimed to analyze students' anxiety in learning English public speaking. It analyzes whether students of the English Education Department have problems in learning English public speaking. The subject in this research were second semester students taking the English public speaking course in the students of IKIP PGRI Pontianak. the researcher focus on the causes of the factors and levels of students' anxiety in English public speaking. The researcher hopes that this research can become a reference for other students to well prepare in English public speaking.

#### **B.** Research Problems

The study aims to answer following questions:

- 1. What are the student's anxiety level in English public speaking at the second semester students of IKIP PGRI Pontianak?
- 2. What are the factors affecting student's anxiety in English public speaking at the second semester students of IKIP PGRI Pontianak?

## C. Research Purposes

The purposes of this research:

- 1. To find out the student's anxiety level in English public speaking at the second semester students of IKIP PGRI Pontianak.
- 2. To find out factors affecting student's anxiety in English public speaking at the second semester students of IKIP PGRI Pontianak.

## D. Significances of Research

In this study, there are two significances of the study, namely;

## 1. Theoretical Significance

The ultimate outcome of this study is expected to be input in practicing and learning process especially for knowing the Student's Aanxiety in English public speaking at the students of IKIP PGRI

Pontianak and give additional information and knowledge to the readers especially to the students and lectures in English Department.

## 2. Pratical Significance

#### a. For the students

The results of this research study can provide students with knowledge about public speaking anxiety students of IKIP PGRI Pontianak.

#### b. For the lectures

The result of this researh as input for lecture can give some learning speaking for classroom interaction in English public speaking class in IKIP PGRI Pontianak.

#### c. For the other reseachers

The researcher hopes this study was be useful as guidance of reference to the next researcher in Students' Anxiety in English public speaking and it can give contribution to the society.

## E. Scope of Research

Having obvious a limitation in this study requires the formulation of the limitation of the study. The scope of the research here is research variable and terminology.

#### 1. Research Variable

Variable is central to research since the title of the research is made up of it and it is additionally the center of this study(Oyebanji, 2017: 52). In this research, the research variable is student's anxiety in English publick speaking at the second semester.

## 2. Research Terminology

The following definitions are provided to ensure the uniformity and understanding of these terms throughout the study:

## a. Second Semester Students

A person engaged in study; one who is devoted to learning; a learner; a pupil; a scholar; especially, one who attends a school, or

who seeks knowledge from professional teachers or from books; as, the students of an academy, a college, or a university. The students referred to in this study is an English education students from IKIP PGRI Pontianak second semester who have studied about English public speaking lessons in their college.

## b. AnxietyPublic Speaking

Anxiety public speaking is a fear when you want to do something that has not been done. This occurs because of feelings of anxiety and inability to overcome a problem or lack of security. These erratic feelings are generally unpleasant which will later cause physiological changes; trembling, sweating, increased heart rate and psychological, panic, tense, confused, unable to concentrate, not calm, and stuttering in communication. What researchers mean about anxiety in this study is students' anxiety about their English public speaking

## c. Public SpeakingSkills

Public speaking skills refer to the talent of effectively addressing an audience. Whether it is in front of a group of people you already know or a crowd of complete strangers, your ability to communicate to them with clarity and confidence is known as your public speaking skills. There may or may not be an opportunity for interaction between the speaker and audience.