

## CHAPTER V

### CONCLUSION AND SUGGESTIONS

#### A. Conclusion

Based on the findings and discussion related to the questionnaire analysis of students' reading anxiety levels, it can be concluded that reading anxiety is mostly experienced by second-semester students of the English Education Study Program, IKIP PGRI Pontianak. Although not all, the results of the study found that the reading anxiety experienced by students was in the moderate category.

And based on findings from interviews, researchers found several factors causing reading anxiety in second semester students of the English education study program. The first factor that causes reading anxiety in students is because of different cultures, so for students to understand texts when reading English texts is something foreign, so it is difficult to understand. Second, because the topic is foreign and sometimes difficult to understand, students find it difficult to grasp the meaning of the reading. Third, vocabulary that is foreign and different from Indonesian makes students sometimes have difficulty reading texts because, to master a foreign language, they must first memorize the words and their meanings one by one. Fourth, the fear experienced by students; fear of making mistakes when reading is one of the factors causing reading anxiety in second semester students of English study programs; fear of making mistakes for fear of being considered less intelligent and less able to interpret the meaning of a reading text. Fifth, worry about the effects caused when reading. Students feel worried when reading English texts that are not native Indonesian because they are worried about the effects if they make mistakes when interpreting the meaning, pronouncing the word, or explaining it in front because they are afraid that that mistake will have a negative impact on academic grades. However, the two most dominant factors experienced by second-semester students of the English study program from the five factors above are worry about the reading effect and fear of making errors.

## **B. Suggestions**

Based on the research conducted, these results discussed above can be submitted suggestions as follows:

1. For the second-semester students of the English education study program as participants in this study to further increase their self-confidence and understand their own ability to be more courageous even though they often make mistakes, because mistakes in learning are something that is natural and everyone has experienced it. Believing in our own abilities is also important because we will continue to fall if we always compare our abilities with the abilities of others who are better than us.
2. For the lecturers of English Education study programs at IKIP PGRI Pontianak to be more creative when teaching to improve students' abilities and confidence, especially in reading-themed courses.
3. For future researchers, the researcher realize that in this study there are still many shortcomings and limitations, both in the preparation and content. Therefore, the researcher really hopes that the next research will be better than before.