# CHAPTER 1

#### INTRODUCTION

# A. Research Background

Speaking English is one of the skills or abilities in English to express opinions, comment, and reject other people's opinions if they do not match our opinion, as well as the ability to ask and answer these questions. Speaking English has been recognized as the most prominent skill for investing in a business in an international environment or immigrating to another country. Another benefit of mastering the ability to speak is the thing that was facilitate students in their lives and careers to interact and transact later It is also very important for educational purposes around the world. Speaking is the important skill to be mastered by English foreign language learners or second language learners (Rao, 2019). Speaking english is the most important skill to acquire foreign or second language learning. Among the four key language skills, speaking is deemed to be the most important skill in learning a foreign. Speaking English has become trend in the world. Many people in the world use English as a tool to communicate with other people from different country, language, and cultural background. In addition, students can be categorized as capable of speaking English if they have good pronunciation, have good fluency, master a lot of vocabulary, have good grammar mastery, and must be able to arrange words into well-organized sentences which can be understood by the listener.

Speaking English is a challenging task for many students because it requires interaction, especially in speaking students cannot do it alone, therefore students look for someone to talk to. However, in reality, many students find it difficult to speak. Many of the problems that students feel can be errors in grammar, lack of vocabulary, and pronunciation, remembering words but not being able to fully express their abilities in English. There are many factors that cause difficulties in speaking English, these factors are related to the students themselves, teaching strategies, curriculum and

environment. Fear become one of the factor which causes failure of speaking, it is because commonly called as anxiety. Anxiety often makes a person fail when unable to speak and failed to show that they actually understood English well enough.

Anxiety is a feeling of nervousness and restlessness about certain situations. Speech anxiety is a common phenomenon in learning English as a foreign language. Speaking anxiety is a person's reluctance to participate in a conversation using a certain language (Tsiplakides, 2009 cited in Tridianti, G. 2018). This is due to lack of motivation and low performance. Speaking ability will be assessed the most in real life situation because most people's first impressions are based on her ability to speak fluently. Speech anxiety can come from external factors and internal factors. One of the internal factors can refer to emotions. Emotions affect learning in the most basic way because they carry out basic strategies and learning techniques (Laksmi Gasani, 2021). Anxiety is something that can affect almost everyone at some point in their life. That's because anxiety is a normal reaction experienced by a person to very tense situations in life. Students who have high levels of anxiety find it difficult to focus or concentrate learning process and they also fear and avoid the subject, especially in the subject of speaking. Learning a foreign language, most of the students' emotions tend to be more disappointing. This is mostly caused by anxiety. Lacking confidence and not being familiar with the language they are learning, can make them feel anxious and afraid if they make mistakes when speaking English in public. students are more anxious in speaking a foreign language because they do not have the ability and lack of practice in speaking English in class.

Previous study have been conducted related to this research. The first is research from Ardhea Rosana Putri (2020) entitled "Student Anxiety Study in Class X Students of SMAN 5 Langsa". The result of this study describe three factors that cause students' anxiety in speaking English. The first is Self Perception of students that always feel English is difficulty to Learn and speak. The second factor is Class Condition of Performance make students

got anxiety when they speak in front of friends and teacher, The second in students' anxiety in speaking English is Fear of Making Mistakes. The other research conducted by Al Hakim,R. N. A, & Syam, H. (2019) entitled "An Analysis Of Students' Anxiety In Speaking English At Man I Kolaka". The result of this research showed that the factors of students' anxiety in speaking English of MAN 1 Kolaka were communicative apprehension, with mean value (3,82) test anxiety with mean value (3,4) fear of negative evaluation with mean value (3,67). The previous studies are a reference for researchers to get an idea of this research, also researchers have differences with previous research, namely location which is still far different from previous research and wanting to know solutions that can be done to overcome these problems from the student's view.

Previous related studies have inspired researchers to analyze students' anxiety in speaking English. Research conducted by researcher with the title " An Analysis Of Factor Causing Of Students's Anxiety In Speaking English" by conducting research that is different from previous research because of differences in research locations, and classes used for research. SMP Negeri 1 Mempawah Hulu is the object of this thesis. The researcher made pre-observations and asked the teacher who taught the class and found that there were still many students who were afraid to speak English and one of them was caused by anxiety. The reason researcher conducted research at SMP Negeri 1 Mempawah Hulu to find out what factors cause anxiety and how students' strategies to overcome them.

### **B.** Research Question

Based on the background explanation above, the researcher concluded that the research problem of this study is :

1. What are the factor cause of student's anxiety in speaking English to the eighth grade students' of SMP Negeri 1 Mempawah Hulu in the academic year of 2022/2023?

2. What are the strategies to cope the anxiety in speaking English to the eight grade students' of SMP Negeri 1 Mempawah Hulu in the academic year of 2022/2023?

# C. Research Purpose

Based on the problems above the researcher some purpose of this research as follows:

- To find out the factor cause of anxiety in speaking English to the eight grade students' of SMP Negeri 1 Mempawah Hulu in the academic year of 2022/2023
- 2. To find out the strategies to cope the anxiety in speaking English to the eight grade students' of SMP Negeri 1 Mempawah Hulu in the academic year 2022/2023

### D. Significant of Study

The significance of this research can be viewed from both theoretical and practical aspects, as described below:

# 1. Theoretically

Theoretically, this thesis is expected to add references and study materials to know factor cause the anxiety student's in speaking English in eight grade students' of SMP Negeri 1 Mempawah hulu.

### 2. Practically

a. To English Teachers

This research useful for teacher to diagnose student's anxiety in speaking English.

#### b. To Students

To make it easier for student to learn English when they know their goals and anxiety are in speaking English. So that anxiety can be grow used as a lesson to be better for speaking English.

#### c. To Researchers

The researcher hopes that through this research other researchers will get references about anxiety student in speaking English.

# E. Scope of the Researh

#### 1. Research Variables

A variable is a characteristic or attribute of an individual or an organization that (a) researchers can measure or observe and (b) varies among individuals or organization study (Creswell 2012:112). The variable in this research is student's anxiety as a single variable. A sing le variable may be an independent, a dependent, or an intervening variable (Creswell. 2012:124).

# 2. Terminology

In this section, the research will explain the variables that use for thesis.

## a. Anxiety

In general, students experience a lot of anxiety in speaking. Anxiety is one of the obsctacles in speaking English. Anxiety is of the important aspects in neurotic and psychotic developing. It is the feeling of fearing about something unconditionally which can be not classified the reasons of that situation specifically (Hidayat, 2011 cited in Weni Delfia Mitha, dkk, 2018). Therefore the effect of this problem is that student's who cannot speaking English.

### b. Speaking English

Speaking English is communicate with somebody in a foreign language. Meanwhile, Speaking English is the ability to speak well. States speaking is one of the communication skills in English that one has close relationship with listening in a pragmatic view of language show (Brown, 2003 cited in Weni Delfia Mitha, dkk, 2018). The goal is to make it easier to talk to one another

### c. SMP Negeri 1 Mempawah Hulu

SMP Negeri 1 Mempawah Hulu is a place to conduct this research, the school is located on H92G+Q2M, Jl. Anjungan - Bengkayang, Karangan, Kec. Mempawah Hulu, Kabupaten Landak, Kalimantan Barat 79362